

PASTAS

SPAGHETTI or PENNE \$48
Choose from Bolognese, Carbonara or Tomato Sauce, with Parmesan Cheese

(♥/V)

WHOLEWHEAT PASTA WITH ROASTED VEGETABLES \$44
Fresh Herbs, Light Garlic Pesto & Shaved Parmesan
Add Shrimp \$54
Add Chicken \$48

SIDES

SIDE SALAD \$15
VEGETABLE OF DAY \$15
FRENCH FRIES \$15
RICE \$15
GARLIC BREAD \$15

DESSERTS

PLEASE SEE OUR MENU CARD FOR SELECTION

(♥)
GF
V

HEART HEALTHY
GLUTEN FREE
VEGETERIAN



Prices are inclusive of Service Charge & VAT.

LUNCH MENU

SPECIALS OF THE DAY
Please read the Blackboard for Today's Specials

LIGHT BITES

BAJAN FISH CAKES \$30
Homemade Pepper Tartar

SPICY CALAMARI \$32
Citrus Aioli

(V)

CARIBBEAN VEGETABLE SAMOSAS \$30
Sweet Chilli Sauce

SAMPLE PLATTER of above three choices \$38

(♥/V/GF)

CRUDITES \$30
Hummus or Fruit Dip

(GF/V)

ASSORTED CARIBBEAN VEGETABLE CHIPS \$20
Tangy Tropical Salsa

(♥)

CHICKEN SATAY \$20
Peanut Sauce

SANDWICHES

All Served with Seasoned Fries

(♥)

SANDPIPER PANINIS \$46
Chicken, Spinach & Sun-dried Tomato Pesto
Prosciutto, Brie Cheese & Roquette

Bajan Seasoned Flying Fish with Monterey Jack Cheese & Roasted Onions \$42

(♥/V)

Assorted Grilled Vegetables with Balsamic Oil \$40

BLACKENED CHICKEN BREAST \$48
Cheddar Cheese, Bacon, Coleslaw, Sesame Seed Bun

THE ULTIMATE BURGER \$48
A blend of Prime Beef & Lamb with Bacon, Mushrooms, Onions & your choice of Cheddar, Swiss or Blue Cheese

THE SANDPIPER CLUB \$40
Chicken, Ham & Egg Triple-Decker on your choice of White, Wholewheat or Granary Bread

(♥) HEART HEALTHY / GF GLUTEN FREE / V VEGETERIAN

SALADS

(♥/GF/V)	TROPICAL FRUIT PLATE <i>Caribbean Fruits served with a tangy Sorbet or Cottage Cheese</i>	\$34
	SANDPIPER'S CAESAR SALAD <i>Grilled Caribbean Jumbo Shrimp, Romaine Lettuce, Croutons, Tomatoes, Mushrooms, Caesar Dressing, Parmesan Shavings</i>	\$50
(♥/GF)	ROASTED BEETROOT & GOAT CHEESE SALAD <i>Mixed Greens, Pine Nuts, Balsamic Dressing</i>	\$46
(♥)	HERB CRUSTED AHI TUNA SALAD <i>Spiced Mango Slices</i>	\$48
(GF)	INSALATA CAPRESE <i>Tomato, fresh Buffalo Mozzarella Cheese, Avocado, Pesto</i>	\$42
(♥/GF)	GRILLED SNAPPER FILLET <i>Mixed Leaves, Tomato, Artichoke, Roasted Sweet Pepper, Mango Salsa</i>	\$52
(♥/V)	THE OBADELE <i>Citrus Cous Cous, Grilled Fresh Fruit served with either Shrimp</i> <i>Chicken</i>	\$54 \$48
(♥/GF/V)	HIT FOR 6! <i>Gingered Quinoa, Grilled Vegetables & Tofu with a Honey Ginger Dressing</i>	\$42



DELIGHTFULLY LOCAL

BAJAN ROTI with homemade chutney <i>Chicken</i> <i>Shrimp</i>	\$48 \$54
ONE POT SHOT <i>Hearty Bajan Chicken Soup with Dumplings, Vegetables & Thyme</i>	\$38
SALTFISH & SWEET POTATO PIE <i>Pickled Cucumber & Christophene Salad</i>	\$46

PIZZAS

All served on a Thin Crust

CLASSIC MARGARITA <i>Tomato Base, Sliced Tomato, Mozzarella Cheese, Basil</i>	\$42
PEPPERONI <i>Tomato Base, Cheese Blend, Tomato Salsa</i>	\$42
CHICKEN, FETA & OLIVE TAPANADE <i>Sun-dried Tomato Pesto Base</i>	\$48
SPINACH, GOATS CHEESE & CARAMELIZED WALNUTS <i>Roasted Red Pepper, Pesto Base</i>	\$44

